

WORKSHOPS

ON UNDERSTANDING & OVERTURNING OUR

IMMUNITY TO CHANGE™*

(For Individuals, Groups, & Teams)

Introduction

Why is it that even after reading about Emotional Intelligence and agreeing with it, one does not become emotionally intelligent? Why do team coordination, coherence, and performance not improve consistently after attending workshop sessions on such topics? Why do almost 90% of training workshops conducted for individuals or groups and rated very highly immediately after completion fail to bring about any significant change in the participants? Are the participants so utterly devoid of commitment? Motivation? Will power? Does the problem lie with team cultures? Do organizational environments discourage such transformations? Or is the resistance to making a change a natural phenomenon?

[Join our workshop](#) on “Understanding & Overturning our Immunity to Change” to find answers to these questions and to successfully make positive changes in your and your team’s performance.

Workshops on “Immunity to Change™”

Goal

First, to help participants directly observe their psychological immune systems at work, and second, to help them overcome their immune systems.

Organization

[Part 1: Mapping our “Immunity to Change™”](#)

Each participant (individuals and teams) will go through the process of uncovering, recognizing, and observing their psychological immune system at work and how it frustrates their efforts in making desirable changes. (Total duration for individuals: maximum 7 hours; for teams: additional 6 to 7 hours).

[Part 2: Overcoming our “Immunity to Change™” \(at the choice of the participants\)](#)

Each participant will understand and undertake the process of overturning their immunity to change and successfully materializing their desired improvement goal. (Total duration: approximately 14 hours)

Audience

The workshop is offered for individuals, groups, and teams. In the case of teams, the participation of the team leader will be mandatory.

Methodology

“Overturning our Immunity to Change” sessions are planned as a cooperative, conversation-based, and experiential exercise in understanding and reflecting on the experience and then overturning our psychological immune system.

Prerequisites:

Completion of Part 1 (Mapping) is a prerequisite for registration in Part 2 (Overcoming).

Investment**

1. For one-to-one sessions: US \$50 per hour.
2. For group participation (with at least 12 members): US \$20 per hour per member.
3. For teams
 - For at least 10 members US \$20 per hour per member
 - Teams of less than ten members US \$200 per hour.

Registration

For registration, [click here](#)

For queries and clarifications, amjad.moiz@gmail.com.

For an introduction on video, [click here](#)
For more information, click [here](#)

* “Immunity to Change” is a registered trademark of www.mindsatwork.com.

** Fee Concession: Limited concessional seats are available. Please apply conscientiously as others more deserving may be deprived from participation.